

# Ottawa City Council Candidate Survey

Mental health has never been as important as it is now.

As a candidate for Ottawa City Council (HCC), we here at the YMHM Canada ask that you please complete the following survey to the best of your ability regarding mental health and what you would work to do to ensure mental health in Ottawa if you are elected this October.

Your answers as well as your name and ward, as well as your answers will appear on our website at [www.yhmcanada.ca/ottawa](http://www.yhmcanada.ca/ottawa).

## Sections

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Name \*

Ade Olumide

I'm running for \*

Mayor

Councillor

If Councillor, what Ward are you running in?

Campaign Email \*

ottawacompetenceandethics@gmail.com

Mental Health in Youth

A recent report has shown that 1 in 5 students has a diagnosed mental health problem and that about 27% of students between grade 9-12 reported poor mental health and 16% seriously considered suicide in the past year. If elected, what are you going to do to ensure better mental health within not only highschoools within Ottawa, but all schools?

The Canadian mental Health Association reports that the 3 most significant social determinants of mental health are freedom from discrimination and violence, social inclusion, access to economic resources, consequently there should be a call for social determinants of mental health partnership proposals that is open to all organizations.

If elected, what would you advocate for better to ensure the mental health of youth in Ottawa?

Yes

If elected, would you support the creation of a City of Ottawa Youth Mental Health Plan to better support youth and their mental health?

Yes

Mental Health in Marginalized Communities

Members of marginalized groups are at a higher risk for mental health-related disorders, suicide, and more. If elected, what are you going to do to help ensure the mental health of those in marginalized communities?

Designate an existing City Employee as a Priority Populations Mental Health Advocate who will ensure equal access to mental health services.

Indigenous rates of suicide can be as high as 9 times non-Indigenous peers, and LGBTQ youth can be as high as 14 times more at risk for suicide than straight counterparts. If elected, what are you going to do to reduce the rates of suicide within marginalized communities in Ottawa?

A call for social determinants of mental health partnership proposals that is open to all organizations, while ensuring that the indigenous people are involved in the decision making process of which proposals are funded.

### Mental Health in Seniors

The COVID-19 pandemic has disproportionately affected the Senior population and has led to more people having feelings of depression and loneliness. If elected, what are you going to do to ensure the care of seniors and their mental health?

A call for social determinants of mental health partnership proposals that is open to all organizations.

Older adults, men in particular, have among the highest suicide rates in the world according to the WHO. If elected, what are you going to do to help ensure the reduction of senior suicide and self-harm in our community?

A call for social determinants of mental health partnership proposals that is open to all organizations.

According to CCSMH, substance misuse and dependency among older adults is a growing but neglected issue. If elected, what are you going to do to help ensure the reduction of senior substance misuse and/or dependency that could possibly lead to an overdose in our community?

We may not be able to end all drug addiction, but we must invest in preventing new drug addiction, we must have a zero waitlist to enter to enter drug addiction treatment programs, we must increase investment in what works with existing programs re housing, employment, education, reunite with family or friends, harm reduction.

## Mental Health Services and Supports

If elected, what are you going to do to ensure that hospitals are properly supported by the city to provide help to people seeking mental health treatment or programs?

Ensure that Public Health maintains a public or confidential Council tracking sheet of gaps between national & international best practices and the practices of hospitals in Ottawa.

Wait times in Ontario for mental health services can be as high as 919 days. If elected, would you commit to working with all levels of government to ensure that people within your ward and Ottawa are able to access services within a shorter amount of time?

Yes

The House of Commons has approved a National 988 Suicide and Mental Health Crisis Line (as of 2020). Do you support such a number and if elected, will you commit to working with all levels of government to help ensure such a number is implemented?

Yes

There are little to no supports for youth transitioning from youth mental health services to the adult sector. If elected, what will you do to bridge this gap in service for young people?

Include youth transition under the mandate of the Priority Populations Mental Health Advocate

If elected, would you commit to working with and listening to mental health advocacy groups in Ottawa to help aid in giving input into mental health policies for the city?

Yes

### Addiction Services and Supports

If elected, would you commit to working with and listening to addiction and harm reduction advocacy groups in Ottawa to help aid in giving input into addiction policies for the city?

Yes

Do you support safe injection sites in Ottawa and/or in your ward (if elected)?

As part of effort to attempt to end drug addiction.

According to the Office of the Chief Coroner, in Ontario up to and including 2020 acute drug toxicity has been the number one cause of death in youth 15-24 years old since 2017. Education about overdose prevention and response with naloxone, harm reduction, and how to use drugs safely can reduce the number of overdose-related deaths in young people as they will have the knowledge and tools to make informed choices about drug use. If elected, how will you ensure that highschool curriculum includes better education about substance use in a non-judgemental safe space?

Ensure that Public Health maintains a public or confidential Council tracking sheet of gaps between national & international best practices and the high school curriculums in Ottawa.

Additional

Is there anything else that you wish to add?

Everyone has a moral duty to circulate and sign this change.org petition <https://chnng.it/GLfvt6Chrg> which includes academics, media and law enforcement associations calling for a police complaints transparency. Frustrated by cover-ups by governments like Ottawa City Council, Alberta, Idaho, Chicago, Los Angeles, and New York non-government entities created incomplete police misconduct databases; [https://twitter.com/ottawacityethic/status/1559587987008143367?s=20&t=Wow0EUedYUMfa9gyLPm\\_3Q](https://twitter.com/ottawacityethic/status/1559587987008143367?s=20&t=Wow0EUedYUMfa9gyLPm_3Q)

Good cops are reputational victims of bad cops (about 10%), they are the majority, Olumide is pro-police duty to keep us safe. Why did Ottawa cover up a 4-year process by settling a police officer to prevent a hearing? A Councillor articulated Council's implied position that bad cop cover ups should continue; <https://twitter.com/ottawacityethic/status/1547272891997343746?s=20&t=x8GNQV4iINSHrPL-6pXQLwg>

The current unethical Ottawa City Council refused to end the disproportionate effect of police misconduct on indigenous people, visible minorities and caucasian female officers, by passing a police complaints transparency bylaw requiring the Board to with victim consent, publicly disclose anonymized excerpts of any complaint and reasons for any investigation that exceeds the 120 days OIPRD benchmark.

This meritorious complaint was dismissed without an investigation, if there was a transparency Bill of Rights, this 15 year cover up could not happen; <https://www.cbc.ca/news/canada/ottawa/police-officer-mental-health-report-by-fake-psychologist-sexual-harassment-1.6083291> ...the force had said there was no ...investigation... but reversed course after CBC ... inquiring about the possibility of an internal investigation... called the OPS decision to do a criminal investigation "lip service." "Why didn't they listen to me 15 years ago? .. they're just playing games,"

In Newfoundland and New Brunswick, the deadline for police misconduct investigations are 90 and 60 days respectively, no extensions, in Ontario there is no deadline, consequently some investigation is 4 years no decision. A police misconduct investigation is not a criminal investigation, it is akin to a HR department investigation of any employee, therefore any investigations that exceeds the 120 days OIPRD investigation benchmark should attract a presumption of bad faith yet cover up Council is refusing to create a bylaw requiring disclosure of reasons for exceeding 120 days.

Even though their decisions affect access to criminal investigation records, an anonymized Ontario Privacy Commissioner decisions are online. The 120 Days Anonymized Police Complaints Transparency Bill of Rights will be released shortly on; [https://www.adeolumide.ca/why\\_vote\\_for\\_ade](https://www.adeolumide.ca/why_vote_for_ade)

Ade Olumide Mayoral Campaign

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